



BEYOND

VOLUNTEERING



WHAT'S INSIDE

Ghana

p.4: Cape Coast Adventure

p.5: Volta Adventure Weekend

Kenya

p.7: Rift Valley Adventure Day

p.8: Maasai Mara Safari Weekend

p.9: Taste of Kenya Day

p.10: Elephant Orphanage

p.11: Menengai Crater

Zanzibar

p.13: Taste of Zanzibar Weekend

p.14 Ocean Safari

p.15: Islands Adventure Day

p.16: Jozani Forest

Ghana

Travel to Ghana and you'll find a vibrant, beautiful country with friendly people, stunning landscapes and miles of unspoilt beaches.



The Cape Coast Adventure Weekend entices both history lovers and adventurers alike. The weekend begins with a long drive west of Accra before a tour of Cape Coast Castle, once a notorious fort used to hold slaves awaiting exportation to the Americas. Afterwards, you can kick back and relax with an overnight stay in Cape Coast.

The following morning, your group will visit Kakum National Park, where a short hike through the forest floor is followed by a walk at canopy level – 300ft above the ground! After the morning's exertions, you will stop for lunch at Hans Cottage, a restaurant set over a crocodile pond. There will also be an

WHAT'S INCLUDED?

- Return transport to Cape Coast
- Walking tour of Cape Coast Castle
- Entry to Kakum National Park
- Single-sex, shared accommodation
- Breakfast
- African Adventures Co-ordinator

WHAT'S NOT INCLUDED?

- Lunch and evening meals
- Drinks
- Tips for guides

CAPE COAST ADVENTURE

WEEKEND - £175





VOLTA ADVENTURE

WEEKEND - £175PP

Take a walk on the wild side by adding the Volta Adventure Weekend to your trip. The Volta region of Ghana is an area of extraordinary natural beauty with abundant rare wildlife. You'll begin the weekend with a visit to a protected monkey sanctuary where you'll have the chance to feed Lowe's mona and black-and-white colobus monkeys on your shoulder, before exploring the rest of the forest.

The evening brings a chance to relax and wind down at a beautiful lodge for your overnight stay. The next day, you'll take in the breathtaking sights of the tallest waterfall in Ghana, Wli Falls, measuring 143m from the upper fall to the plunge pool below. Alternatively, if you are feeling more energetic, you can hike up Mount Afadjato, the highest point in Ghana

WHAT'S INCLUDED?

- All transport and entry fees
- Visits to monkey sanctuary & Wli Falls/Afadjato
- Overnight accommodation with breakfast
- African Adventures Co-ordinator

WHAT'S NOT INCLUDED?

- Lunch and evening meals
- Drinks
- Tips for guides



Travel. Give. Grow.

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