

# VOLTA ADVENTURE WEEKEND

## SUMMARY

Take a walk on the wild side by adding the Volta Adventure in Eastern Ghana to your trip. The Volta region of Ghana is an area of extraordinary natural beauty with abundant rare wildlife.

You begin the weekend with a visit to a protected monkey sanctuary where you have the chance to feed lowe's mona and black-and-white colobus monkeys on your shoulder before exploring the rest of the forest.

The evening brings a chance to relax and wind down at a beautiful lodge for your overnight stay, where you will fall asleep to the relaxing sounds of rainforest wildlife. The next day, you will take in the breathtaking sights of the tallest waterfall in Ghana, Wli Falls, measuring 143m from the upper fall to the plunge pool below. Alternatively, if you are feeling more energetic, you can hike up Mount Afadjato, the highest point in Ghana, standing at 885m. It is hard work but few would doubt that it is worth the stunning views from the top!

## DID YOU KNOW?

The word Afadjato comes from the Ewe word Avadzeto which means 'at war with the bush'.

## WHAT'S INCLUDED

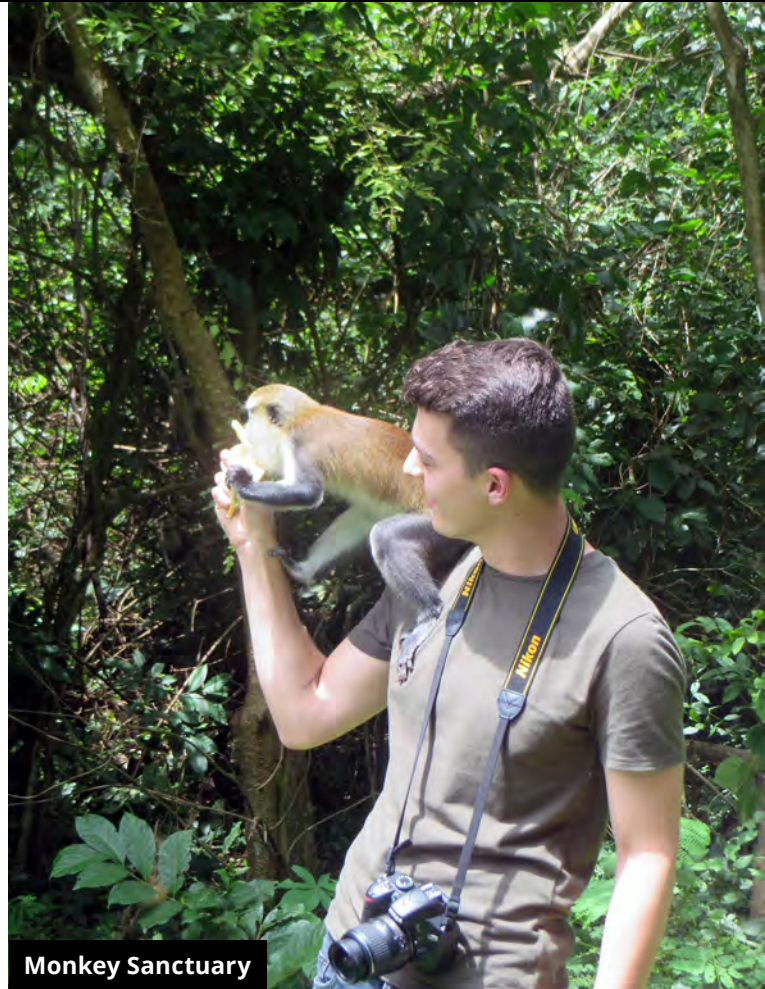
- ✓ Return transport from the Volta region
- ✓ Entry to protected monkey sanctuary
- ✓ Entry to Wli Falls
- ✓ Single-sex, shared accommodation
- ✓ African Adventures Coordinator

## WHAT'S NOT INCLUDED

- ✗ Lunches and evening meal
- ✗ Drinks
- ✗ Tips for guides

“A weekend spent in the stunning mountains of the Volta Region. Monkeys, rainforests and waterfalls; what an amazing combination!”

**Monika Farkas - Groups Manager, African Adventures**



**Monkey Sanctuary**



**Overnight Accommodation**



Wli Falls



Mount Afadjato

### DID YOU KNOW?

Lake Volta is the largest man-made lake in the world, measured by surface area. It lies along the Greenwich meridian and covers 3,283 square miles.

### ITINERARY - DAY ONE

- 7.30 am: Breakfast (included).
- 8.30 am: Begin the 150km journey north deep into the Volta region.
- 12 pm: Stop briefly for lunch (not included).
- 2.30 pm: Begin your walking tour at the protected monkey sanctuary where you can feed bananas to lowe's mona and black-and-white colobus monkeys.
- 4.30 pm: Head to a nearby restaurant to enjoy dinner (not included) and relax with friends.
- 6.30 pm: Arrive at accommodation for overnight stay.

### ITINERARY - DAY TWO

- 6.30 pm: Arrive at accommodation, depending on which day you stay, you might be treated to African music and dancing in the evening!
- 8 am: Wake up and have a hearty breakfast (included) in preparation for your day.
- 9 am: Choose from either a rainforest trail to Wli Falls or head to Mount Afadjato for an early morning hike. Whilst it will only take a couple of hours, Mount Afadjato is actually Ghana's highest peak! Remember to wear comfortable walking trainers.
- 1 pm: Grab lunch (not included) on the road and head back down to the south coast.
- 6 pm: Arrive back at volunteer accommodation for dinner (included).

“ This area of Ghana is remarkably green and you will see Lake Volta – the largest man-made lake in the world – as you drive by. It provides a huge amount of Ghana's electricity and is a sight to behold. If you opt for the climb up Mount Afadjato, make sure you keep hydrated and energised with plenty of water and snacks. ”

**Lucy Mace - Volunteer Programmes  
Manager, African Adventures**