

RIFT VALLEY ADVENTURE DAY

SUMMARY




Created millions of years ago by tectonic plate movement, Kenya's Rift Valley is famed for its magnificent views and pristine game reserves.

Our exclusive Rift Valley Adventure Day encompasses safari, science and exploration, all in a day! You will start off bright and early at the gates of the world-famous Lake Nakuru National Safari Park in search of a vast array of animals. Next you will head to the earth's equator for a unique science experiment, before completing your day with a hike at Thomson Falls.





KEY WILDLIFE

-  Lion
-  Giraffe
-  Zebra
-  Flamingo
-  Gazelle
-  Waterbuck
-  Buffalo
-  White rhino
-  Baboon
-  Leopard
-  300 species of bird

WHAT'S INCLUDED

-  Lake Nakuru National Safari Park entrance fee
-  Safari van and tour guide
-  African Adventures Coordinator

WHAT'S NOT INCLUDED

-  Lunch
-  Drinks
-  Tips for guides
-  Science experiment at equator

DID YOU KNOW?

Lake Nakuru's abundance of algae attracts its famously high population of flamingos that line the shore. However, in 2013, the lake's water levels increased dramatically, causing a vast number of flamingos to migrate to nearby Lake Bogoria in search of food. Given that, to date, the water levels have not fully receded, many of the flamingos are still yet to return.



Lake Nakuru National Park



The Equator



Lake Nakuru National Park



Thomson Falls

DID YOU KNOW?

There are eight different lakes located in the Kenyan Rift Valley: Lake Turkana, Lake Baringo, Lake Logipi, Lake Nakuru, Lake Bogoria, Lake Elmenteita, Lake Magadi and Lake Naivasha.

ITINERARY

- 7.00 am: Breakfast (included)
- 7.30 am: Board the vans at Nakuru National Park office and head along Flamingo Road to the edge of Lake Nakuru.
- 8 am: Begin your search for roaming game across Lake Nakuru National Park's vast plains.
- 10 am: Head towards Baboon Cliff for an awe-inspiring view of the entire National Park.
- 11 am: Head to the southern reaches of the park near Animal Waterhole.
- 12 pm: Travel past the flamingo hotspot and back towards the front gate.
- 12.45 pm: Exit Lake Nakuru National Park and visit supermarket for lunch (not included).
- 1.15 pm: Head north to the equator.
- 2.30 pm: Witness the famous science experiment that shows the earth's gravitational pull in action.
- 3 pm: Hike down the stunning Thomson Falls, one of the deepest waterfalls in East Africa.
- 4.30 pm: Travel back to Nakuru.
- 6.30 pm: Arrive back at your volunteer accommodation for dinner (included).

“For those who want a whistle-stop safari experience and a unique adventure through one of Africa's most iconic regions, the Rift Valley Adventure Day is perfect. Your camera is a must for this epic day out! Remember to wear comfortable walking trainers for the hike at Thomson Falls. You should possess a reasonably good level of fitness in order to descend. Check with your GP before leaving the UK if you're unsure.”

Steph Dulieu - Groups Manager, African Adventures